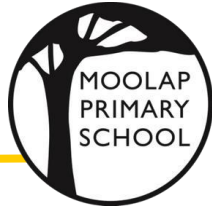


FRIDAY 12 SEPTEMBER 2025

ISSUE 13

MOOLAP PRIMARY SCHOOL



NEWSLETTER

This will be the final newsletter of Term 3, with holidays taking place at the end of next week. I will be on leave for the final week of the term and Mina Spiteri will be Acting Principal during this time. I hope that all students and families have a happy and safe break and look forward to seeing you all in Term 4.

Last week we celebrated Father's Day with the MCG-organised Father's Day Stall and then a big breakfast at Breakfast Club and Community Event to celebrate our dads and special people in the lives of Moolap students. We had lots of parents and families in at each activity, including over 100 attendees at breakfast! Each of these events takes lots of time and a concerted effort from all involved, so, on behalf of the community, we thank the MCG parents and volunteers and our school staff for organising each of the activities. We hope that all of our dads and grandpas had a wonderful day on Sunday and that you were able to view the student leader made video that was posted to commemorate the day.



We have recently renamed what was previously known as Structured Eating Time to 'READ'. This stands for Relax, Eat And Discover. During this time students are still allocated 20 minutes to eat their lunch. For the first 10 minutes, teachers will read a text aloud while students eat. For the remaining 10 minutes, when they have finished eating, students will have the opportunity to explore books of their choice from the classroom library. They are encouraged to select texts that interest them and are also welcome to bring a book from home to enjoy during this time. We look forward to seeing all of our students having more opportunities to practise their reading skills in a relaxed environment and recommending to you some of the interesting books they are reading.



This week 16 year 4-6 students participated in the **Division Athletics** competition after making it past the District Competition recently. Congratulations to each of the students for doing so well at their respective events!

Attitudes to School Survey

Each year the students in Years 4 to 6 are asked a range of questions about themselves and their experiences at school. This is conducted via a survey that takes students approximately 30-40 minutes to complete. The questions cover 19 categories and the school receives feedback and can analyse the data. Pleasingly, our overall data demonstrates that students are more positive when compared to 2024 in 11 out of 19 categories. This includes areas such as learning challenge, classroom behaviour, motivation, perseverance, confidence (8% higher), managing bullying, inclusion, effort, high expectations for learning and student voice and agency. Those areas that were lower than 2024 results were by approximately 1-3% (usually one student). In 12 or the 19 categories, Moolap students were found to respond more positively than similar schools. Similar schools are those with similar socio-economic backgrounds. Recently Mrs Bayly and myself conducted a forum with a group of Year 6 girls to obtain a clearer picture of their experiences at school. This information will be shared with staff as it helps us to recognise similar themes, reflect on our school practices and be responsive to student needs.

We are all looking forward to next Wednesday and again hosting parents and families in at the school for the Student Learning Showcase and Art Show. The Showcase presents an opportunity for parents to engage in student learning progress. Your child will share different work that they are proud of in reading, writing, maths and integrated studies. No need to book in a time, simply arrive at your child's classroom anytime between 3:30-5pm. Whilst you visit, make sure to pop in to the Art Show, which will be set up in the Pavilion. Mrs Taylor has been collecting student samples of work throughout the year and their work will be on show for all to see.



Reminders:

- A reminder for all families is that school hats are compulsory for all students during Term 4. Students will each need a clearly labelled school hat (either the board-brimmed or legionnaire's hat) to wear at all times when outside for breaks or activities, regardless of the weather.

Coming up next week:

Student Learning Showcase and Art Show: Wednesday 17 September 3:30-5pm

School Council Meeting: Wednesday 17 September

Footy Colours Day (gold coin donation): Friday 19 September

Special Footy Lunch Order: Friday 19 September

Term 3 Ends: Friday 19 September @ 2:30pm

SHOW YOUR COLOURS

Friday 19th September

GOLD COIN DONATION

AN ANNUAL TRADITION NOW AT MOOLAP, WE HOST A SHOW YOUR COLOURS DAY ON THE LAST DAY OF TERM TO PROVIDE SUPPORT FOR THE FIGHT CANCER FOUNDATION. WE ARE AWARE OF AT LEAST ONE MOOLAP FAMILY WHO ARE CURRENTLY IMPACTED BY CANCER, SO WE HOPE THAT EVERYONE CAN GET BEHIND THIS GREAT CAUSE BY DONATING A GOLD COIN (OR MORE) IN EXCHANGE FOR WEARING TEAM COLOURS ON THE DAY.

THE MCG PARENTS ARE ALSO OFFERING A SPECIAL LUNCH ORDER ON THIS DAY

Activities during Term 4 (keep an eye on the Compass Calendar for updates as more activities will likely be added):

Curriculum Day #4: Friday 17 October

Geelong Cup Holiday: Wednesday 22 October

Prep 2026 Meet and Greet session: Thursday 23 October (all Prep Orientation dates will be sent to parents shortly)

Prep-2 Swimming Begins: Monday 10 November (information to be posted shortly)

Year 5-6 Camp Kangarooie: Monday 17- Wednesday 19 November (information posted on Compass)

State-wide Orientation Day: Tuesday 9 December (including Prep transition)

Christmas Concert: Thursday 11 December

Year 6 Graduation: Monday 15 December

Semester 2 Student Reports to Parents: Monday 15 December

Year 6 Adventure Park Excursion: Tuesday 16 December

Class Parties and Final Assembly: Wednesday 17 December

Term 4 Ends: Friday 19 December @ 12:30pm

You will notice that Geelong Cup is the scheduled Term 4 Public Holiday rather than Melbourne Cup- schools in our local area do not choose which one to recognise, the dates are set for us.

MOOLAP PS FACEBOOK FEED

Moolap Principal
Admin All-star contributor · 53m ·

A BIG Congratulations to our final STAR of the Week recipients for Term 3. Well done on your awesome work!



Moolap Principal
Admin All-star contributor · September 6 at 4:05 PM ·

Wishing all Fathers, Grandpas and special roles models a HAPPY FATHER'S DAY tomorrow. Love and hugs from the students of MPS!

Thanks to all who contributed, particularly our students, SVR and School Leaders.



YOUTUBE.COM

Fathers Day 2025

Happy Father's Day from the students at MPS! Thanks to all Student Voice Representatives, Sc...

Last week the 5/6 students were lucky enough to be visited by some Melbourne Renegade players, and representatives from two local cricket clubs Newcomb and Thomson. Students got to participate in some ball handling skills and hear all about the journey of cricket stars who started playing at their age. Both Newcomb and Thomson are hosting teams this season with come and try nights coming up. Check out their website or grab a brochure from the office for more details.

Moolap Principal
Admin All-star contributor · August 29 at 3:15 PM ·

The weather this afternoon was a good excuse to stay inside during Community Event. Students were so engaged in the activities, particularly the board and card games!



PARENT EDUCATION EVENTS

GEELONG and BARWON
SOUTHWEST REGION



TERM 4, 2025

All Regional Parenting Service programs along with MELI (*formerly Barwon Child Youth & Family (BCYF) and Bethany*), Family Relationship Centre, Drummond St Services and Barwon Southwest Region programs will be offered face to face or online. Bookings are essential. For details of dates, times and venues please see below.

FEATURE FORUM

THE PARENTING MANIFESTO SERIES

Wednesday nights
18th March to 6th May 2026
7.00pm – 8.30pm
Waurm Ponds Library,
230 Pioneer Rd, Grovedale



Scan the QR code to learn more and book,
or visit [Geelong.link/ParentingManifesto](https://geelong.link/ParentingManifesto)

Presented by Sue Wong and Justin Robinson

Parenting is one of life's greatest responsibilities — and one of its most rewarding challenges. Amidst the noise, the nappies, and the never-ending to-do lists, it's easy to lose sight of who you are.

This in-person series, guided gently by My Manifesto co-authors Sue Wong and Justin Robinson, offers parents of young children and teenage children a unique and inspiring opportunity: to pause, reflect, and intentionally create a life statement that anchor them in their values, strengths, dreams, and personal wisdom

Over six intimate and uplifting workshops, you'll craft your personal manifesto – your private declaration of intention and clarity – and reconnect with the self you want to bring to parenting, partnership, and daily life.

All participants receive a complimentary copy of the book: My Manifesto – A compassionate guide to reveal your best life, and a beautiful set of inspiration cards to accompany their journey.

BRINGING UP GREAT KIDS

The First 1000 Days

The first 1,000 days of life is a program for parents with children aged under 2 years and designed to nurture parents as they embark on their journey. It provides parents with knowledge about brain development and an understanding of how children grow and what they need. The centrality of family relationships and opportunities for parents to reflect on their own childhood and how to connect with their children are all explored.

BRINGING UP GREAT KIDS

Bringing up Great Kids is a 6-week supportive program for parents of children aged 12 months to 9 years.

The program aims to:

- develop parents' skills to enhance communication with their child/ren
- promote positive interactions between parents and their child/ren
- encourage the development of a child's positive self-identity

CIRCLE OF SECURITY

Circle of Security is an 8-week supportive program for parents of children aged birth to 5 years.

The program aims to:

- help parents understand how to build feelings of security for children in their early years
- assist parents with skills to build on the positive relationship with their child
- develop confidence in parents to respond to their child in a way which builds a secure foundation for children

TUNING IN TO KIDS

Tuning in to kids is a 6-week supportive program for parents of children aged 4 to 10 years.

The program aims to:

- help parents teach and support their child/ren to understand and manage their emotions
- support parents in encouraging children to express emotions appropriately
- maximise children's social, behavioural and learning outcomes

BRINGING UP GREAT KIDS

Parenting Adolescents

The program builds on maintaining positive relationships and interactions between parents and adolescents during the ages of 10 to 17 years.

This 6-week program will look at having a better understanding and being able to support your adolescent.

- Finding meaningful ways to stay connected with your adolescent
- Understand that all behaviour and interaction have a meaning attached to it
- Develop an increased understanding about the messages that they communicate to their adolescent through their behaviour, actions and attitudes
- Develop skills to identify and manage their stress associated with parenting

STRENGTHENING FAMILY CONNECTIONS

Strengthening Family Connections is a free 8-week program for parents and their children aged 8 to 12 years. The program aims to build a positive family culture and strengthen family connections.

OUR KIDS – Parenting After Separation

Our Kids is a 6-week course on parenting after separation and the impact of parental conflict on children. The course encourages parents to focus on the needs of their children and develop helpful communication strategies following separation. Courses run weekly for 6 weeks during school terms. Morning and evening sessions are available.

FLOURISHING FAMILIES

A 5-week program for parents with children of all ages to discover how you can help your family to flourish.

Learn about:

- how you can promote resilience
- increase awareness of your family's strengths
- create and nurture positive family relationships
- give feedback to support individual growth

THE ANXIETY COACH

Reducing Anxiety and Building Resilience in Children

A 5-week program for parents of children 5 to 12 years to gain an understanding of the increasing levels of anxiety in a child and strategies to help manage the "traps and tripwires" with strengthening sayings, questioning strategies and mindful exercises.

TUNING IN TO TEENS

Tuning in to teens is a 6-week supportive program for parents of teens aged 12 to 18 years.

The program aims to:

- support parents to connect and communicate with their teens
- assist parents with understanding adolescent development
- help parents to assist their teen to develop emotional intelligence
- remain empathetic and stay connected

THE DAD WORKSHOP

This 6-week program will focus on giving you the tools you need to create a better life for your entire family.

We will look at simple things you can do to improve:

- your relationship with yourself
- your relationship with your partner
- your relationship with your kids

POSITIVE PARENTING PROGRAM

Available online via the Triple P website

www.triplep-parenting.net.au/vic-uken/triple-p/

LIVING WITH TEENS

A model for building strong, secure connections. Living with Teens is a 3-week program.

The program aims to cover:

- what parents need to be able to meet teen's needs
- what teens need from parents
- adolescent development

BUMPS TO BUBS

Bumps to Bubs brings young mothers and mothers-to-be (up to 23 years) with babies 0 to 1 year, together to support the journey of parenting.

BUBS TO TOTS

Bubs to Tots brings mothers (up to 24 years) of children in the 1 to 2 year age group together for support and education.

DADS TUNING IN TO KIDS

Dads Tuning into Kids is a 6-week supportive program specifically for Dads of children aged 3 to 12 years.

The program aims to:

- help dads to effectively tune in to their child's emotions
- encourage dads to strengthen their emotional connection with their child
- support dads to build skills in emotion coaching to assist their child's individual needs

STEPPING STONES

Stepping Stones is a 5-week program for families with a child who has a disability. The program aims to help parents use Positive Parenting to acquire new skills and knowledge. Skills are practiced and parents receive constructive feedback about their use of skills.

GRANDPARENTING PROGRAM

Being a grandparent is one of the most exciting times in our life. A lot of information and safety recommendations have changed since we had our own young children.

In this session, come together with other grandparents to discuss some of the fun times we share with our grandchildren but to also look at the many guidelines that have changed since we had our own young children.

Parent Education Events

Term 4, 2025

| Program | Location / Venue | Days / Dates | Time | Bookings |
|---|--|---|-----------------|--|
| Tuning in to Kids | Virginia Todd 9-15 Clarence Street, Geelong West | Wednesdays 15 Oct – 19 Nov | 7.00pm – 9.00pm |  <p>Regional Parenting Service www.geelongaustralia.com.au/parenting Ph: 5272 4741</p>  |
| Tuning in to Teens | Online via Zoom | Thursdays 23 Oct – 27 Nov | 7.00pm – 9.00pm | |
| Circle of Security | Virginia Todd 9-15 Clarence Street, Geelong West | Tuesdays 07 Oct – 25 Nov | 7.00pm – 9.00pm | |
| Bringing up Great Kids First 1000 Days | Online via Zoom | Wednesdays 15 Oct – 12 Nov | 7.00pm – 8.30pm | |
| Bringing up Great Kids | Virginia Todd 9-15 Clarence Street, Geelong West | Thursdays 09 Oct – 13 Nov | 7.00pm – 9.00pm | |
| The Dad Workshop | Online via Zoom | Tuesdays 14 Oct – 18 Nov | 7.00pm – 9.00pm | |
| The Parenting Manifesto | Waurm Ponds Library, 230 Pioneer Rd, Grovedale | Wednesdays 18 Mar 2026 – 06 May 2026 | 7.00pm – 8.30pm | |
| Program | Location / Venue | Days / Dates | Time | Bookings |
| Online parenting programs | Drummond St Services offer a range of online programs, please see their website for further details. | Various dates and times | |  <p>Drummond Street Services ds.org.au/events/</p> |

Stepfamilies - through your children's eyes



"Through the eyes of children: - being part of a stepfamily"

This workshop covers:

- Stepfamily myths
- Stepfamilies through the eyes of children - the good and the tricky bits
- Supporting children with adjusting to new family relationships
- Transitioning between homes
- Ways to support and strengthen your relationship with your child/ren
- Parenting approach
- Common difficulties for couples

This free 3 hour workshop aims to assist parents in developing a greater understanding of what their children need and how they can best support them.

For more information or to register, scan the QR code or visit www.catholiccarevic.org.au/workshops





Information for Parents

We're on a mission to make real, good food your hero.

Delicious, nourishing, chef prepared, freshly made home-style meals, snap frozen and delivered directly to your school's canteen.

Our chefs at Good Food Hero prepare nutritionally balanced home-style meals, sauces and snacks for a variety of uses, suitable for childcare, long day care and schools.



With a wonderful range of dishes available in single serve and food service catering packs, there is bound to be a size just right for you.

Handmade using the best local seasonal fresh ingredients, then snapped-frozen to seal in the goodness all within hours of being lovingly prepared by our chefs. Simply enjoy the convenience of heat and serve.

Working closely in consultation with nutritionists and dietitians, so you get all the benefits – we hope you love our meals as much as we do.

For your peace of mind, we are allergy aware and understand food sensitivities. All of our food is produced in an egg and nut free environment.

We have a wide range of delicious meals including allergy friendly and alternate diet options. Your child's canteen are provided with safe and easy storage and heating instructions to ensure maximum goodness and flavour.

